



# Healthcare Burnout SYMPOSIUM

## Agenda-at-a-Glance

**May 2, 2024 - Pre-Conference Workshops**

**UC San Diego Price Center, 9500 Gilman Drive**

**8:30 AM - 2:00 PM - Registration Opens – Revelle Room**

**9:00 am - 10:30 am - Workshop A1 Wellness-Centered Leadership: Creating & Sustaining a Culture of Wellness — ERC Room**

*Kevin D. Hopkins, MD, Senior Physician Advisor, Practice Transformation, The American Medical Association (AMA); Vice Chief, Primary Care Institute, Cleveland Clinic*

**10:45 am -12:15 pm - Workshop B1 Negotiate to Self-Advocate to Mitigate Physician Burnout — ERC Room**

*Sue Padernacht, EdD, PCC; CEO, Ncline Leadership Strategies; Professor of Organization & Management, UC Irvine & UC San Diego*

**10:45 am -12:15 pm - Workshop B2 Turning Data into Action: Fostering Workplace Well-being Solutions to Prevent Burnout — Marshall Room**

*Tara Davis, Senior Director of Internal Communications and Staff Well-being, American Psychological Association*

**12:15 pm - 1:30 pm - Lunch on your own**

**1:30 pm - 3:00 pm - Workshop C1 “The Nursing Process” to Overcome Burnout — ERC Room**

*Nicole Collins-Claggett, BSN, RN, MPA, Author, Ascending in Scrubs*

**1:30 pm – 3:00 pm - Workshop C2 The Wellbeing Toolkit: A Practical Guide for Building Vibrant Teams – Marshall Room**

*Jeffrey Ring, PhD, Health Psychologist, Leadership Coach and Health Justice Champion*



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## **May 3, 2024 - Main Conference**

**UC San Diego Price Center, 9500 Gilman Drive**

**8:00 am - Registration Opens – Revelle Room**

**8:45 am - 9 am - Welcoming Remarks – East Ballroom**

*Linda Brubaker, MD, Director, Physician Wellness, University of California San Diego*

**9:00 am - 9:45 am - Burnout: A Personal and Professional Journey out of the Depths – East Ballroom**

*Darrell Kirch, MD, President Emeritus, Association of American Medical Colleges*

**9:50 am - 10:20 am - The Critical Shortage of Nurses and Physicians is Much More than a Numbers Problem – East Ballroom**

*Scott MacDiarmid, MD, Author, *Fist Pumps: The Prescription for Physician Burnout**

**10:20 am - 10:50 am - Increasing Retention and Decreasing Burnout with Telehealth – East Ballroom**

*Eve Cunningham, MD, MBA, Group Vice President and Chief of Virtual Care and Digital Health, Providence*

**10:50 am - 11:20 am - Networking Break – Bear and Red Shoe Rooms**

### **Choose between two sessions**

**11:20 am – 11:50 am - Leading with Empathy and Compassion for Human Well-being - Track A – Marshall Room**

*Helen Riess, M.D., Associate Professor of Psychiatry, Harvard Medical School; Founder & Chief Medical Officer, Empathetics, Inc.*

**11:20 am - 11:50 am - Check the Rules: Avoid Over-Interpretation of Regulations and Policies - Track B — ERC Room**

*Kevin D. Hopkins, MD, Senior Physician Advisor, Practice Transformation, AMA; Vice Chief, Primary Care Institute, Cleveland Clinic*



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## Choose between two sessions

### **11:55 am – 12:30 pm - System-level Solutions to Reduce Burnout - Track A — Marshall Room**

*Rhonda Stark, Chief Well-being Officer, Department of Veteran Affairs, VISN 12 Great Lakes Healthcare System*

### **11:55 am – 12:30 pm - The Rise of Culinary Medicine and its Effects on Well-Being - Track B — ERC Room**

*Sabrina A. Falquier, MD, CCMS, DipABLM; Founder, Sensations Salud*

### **12:30 pm - 1:45 pm - Lunch and Networking with Sponsors — Bear and Red Shoe Rooms**

## Choose between two sessions

### **1:45 pm – 2:15 pm - Revolutionizing Patient Care: Unveiling EHR Potential through Provider Collaboration and Benchmark Surveys - Track A — Marshall Room**

*Jason Hess, Vice President, Provider Sales & Success, KLAS Research and Tommy Rowley, Senior Director of Customer Insights, KLAS Research*

### **1:45 pm – 2:15 pm - Creating the Emory WHSC Office of Well-Being – Building a Lattice for Institutional Growth - Track B — ERC Room**

*Chad Ritenour, MD, Chief Medical Officer & Chief Well-being Officer, Emory University Hospital*

## Choose between two sessions

### **2:25 pm – 2:55 pm - Empowering Physician Wellness: UC San Diego's Success Story in Building Robust Support Structures for Lasting Impact - Track A — Marshall Room**

*Linda Brubaker, MD, Director, Physician Wellness, University of California San Diego*

### **2:25 pm – 2:55 pm - Identifying Root Causes and Solutions to End Clinician Burnout - Track B — ERC Room**

*Larry Ozeran, MD; President, Clinical Informatics, Inc. and Manijeh Berenji, MD; Chief of Occupational Health and Lead Environmental Medicine Physician, VA Long Beach Healthcare System*



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**2:55 pm – 3:25 pm - Networking Break — Bear and Red Shoe Rooms**

**Choose between two sessions**

**3:25 pm – 3:55 pm - Designing Healthy Workplaces for Healthcare Workers - Track A — Marshall Room**

*Paul DeChant, MD, MBA, Advancing Organizational Well-being*

**3:25 pm - 3:55 pm - Navigating the Healthcare Horizon: Unveiling the Impact of Next-Gen Technologies on Clinician Experience - Track B — ERC Room**

*Mitchell Josephson, President, American College of Health Data Management; Lisa Rotenstein, MD, Assistant Professor and Medical Director, Ambulatory Quality and Safety, UCSF Health*

**Choose between two sessions**

**4:05 pm – 4:35 pm: No Stigma Attached: Creating an Organizational Culture that Destigmatizes Burnout - Track A — Marshall Room**

*Moderator: Desiree Shapiro, MD, Associate Clinical Professor of Psychiatry at the University of California, San Diego; Panelists: Julie Çelebi, MD, MS, FAAFP, Associate Clinical Professor, University of California San Diego, Wellness Director, Graduate Medical Education, Wellness Director, Department of Family Medicine; Isabel Newton, MD, PhD, Interventional Radiology physician-scientist, VA San Diego Medical Center and UCSD; Chief of Interventional Radiology and Wellness Director for Radiology, VASDMC; and Ami Doshi, MD, Clinical Professor of Pediatrics, UC San Diego School of Medicine and Vice Chair for Faculty Development and Well-being Director, Department of Pediatrics, Rady Children's Hospital-San Diego*

**4:05 pm – 4:35 pm - AI Revolution in Healthcare: Unleashing the Power of AI for Addressing Burnout NOW - Track B — ERC Room**

*Mitchell Josephson, President, American College of Health Data Management; Dr. R. Ryan Sadeghian, Principal Health IT Strategist, MITConn Advisors*

**5:00 pm - Opening Night Reception, Hyatt Regency La Jolla, 3777 La Jolla Village Drive, La Jolla Ballroom**



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## **May 4, 2024 - Main Conference — Day Two**

**Hyatt Regency La Jolla, La Jolla Ballroom**

**8:00 am - Continental Breakfast and Exhibit Viewing in Sponsor Showcase**

**8:45 am - Opening Remarks**

*Linda Brubaker, MD, Director, Physician Wellness, University of California San Diego*

**9:00 am – 9:45 am - Leadership is Worthless...But Leading is Priceless: Battling Burnout and Restoring Resiliency**

*Thom Mayer, MD, Medical Director, National Football League Players Association; Executive Vice President of Leadership, LogixHealth; Professor of Emergency Medicine, George Washington University School of Medicine; Senior Lecturing Fellow, Duke University*

**9:45 am - 10:30 am - View from the C-Suite**

*Moderated by Paul DeChant, MD, MBA, Advancing Organizational Well-being; Panelists: Kenneth H. Morris, MD, FAAP, Chief Medical Officer, Children's Primary Care Medical Group (CPCMG); Genevieve N. Parsons, MD, Chief Wellness and Leadership Officer, Children's Primary Care Medical Group (CPCMG); and Catheryn Yashar, MD, Chief Medical Officer, UCSD Health*

**10:30 am – 11:00 am - Networking Break in Sponsor Showcase**

**11:00 am – 11:45 am - Confidentiality Matters: How Medical Societies are Making Healthcare Healthier**

*Melina Davis, CEO & EVP, Medical Society of Virginia; Alecia Sanchez, Chief Strategy Officer, California Medical Association; Libby De Bie, CEO, Arizona Medical Association; Jean Branscum, EVP, Montana Medical Association*

**11:45 am - 12:30 pm - Beyond Boundaries: The Future of Generative AI in Transforming Healthcare**

*Harvey Castro, MD, MBA, Chief Executive Officer, Medical Intelligence Ops*

**12:30 pm - End of Conference**